

Condition Management Programme Process

Construction Employers - help your staff stay in work or return to work with the Condition Management Programme

If an employee is struggling to remain in **OR** unable to work due to **ANY** health problem

Employee can self-refer by telephoning the CMP office convenient to them.

Employee will be asked some brief questions such as full name, contact details, GP details, and brief outline of health condition, They will also be asked for verbal consent to allow these details to be put on the relevant Trust recording system. Employees will also be asked to confirm they work in the Construction industry for a company with less than 10 employees.

Employee will receive a telephone call from CMP Healthcare Professional within 2 to 3 days of referral. They will ask for a summary of the person's health condition, work details and any other relevant information.

If employee is ready to participate in CMP, they will be allocated a Healthcare Professional who will make contact and arrange for a face-to-face meeting to carry out a more detailed assessment of need. A Plan of Care will also be jointly drawn up along with timescales for programme participation.

Employee starts CMP.

If client is not ready to participate in CMP they will still be able to speak to a Healthcare Professional who will offer further advice and guidance on other potential services the employee may be able access for support or assistance.

Employee can re-refer themselves to CMP when they feel more ready.

Next Steps:

Key support information and contact numbers available as follows:

nidirect.gov.uk/condition-management-programme.htm

www.nidirect.gov.uk/contacts/health-and-social-care-trusts-condition-management-programme-offices

Belfast HSC Trust:
028 9063 8801

Northern HSC Trust:
028 2563 5250

Western HSC Trust:
028 7137 6911

Southern HSC Trust:
028 3751 7173

South Eastern HSC Trust:
028 9260 5494

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